



Preshool/Headstart Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
2 Strawberry Bagels Chilled Fresh Fruit Fruit Juice MILK, 1% Lowfat	3 Mini Maple Pancakes Chilled Fresh Fruit Fruit Juice MILK, 1% Lowfat	4 Dutch Waffle Chilled Fresh Fruit Fruit Juice MILK, 1% Lowfat	5 Chicken Biscuit Canned fruit Fruit Juice MILK, 1% Lowfat	6
9 Ham/ Egg/ Cheese Bar Canned Fruit Fruit Juice Milk, 1% lowfat	10 Bagel W/G Canned fruit Fruit Juice MILK, 1% Lowfat	11 Mini French Toast Canned fruit Fruit Juice MILK, 1% Lowfat	12 Pancake/Sausage Stick W/ Canned fruit Fruit Juice MILK, 1% Lowfat	13
16 Biscuits W/G Chilled Fresh Fruit Fruit Juice MILK, 1% Lowfat	17 Breakfast Pizza W/G Canned fruit Fruit Juice MILK, 1% Lowfat	18 Mini Maple Waffles Fresh Fruit Fruit Juice MILK, 1% Lowfat	19 Sausage Patties, Canned fruit Fruit Juice String Cheese Stix MILK, 1% Lowfat	20
23 Breakfast Burrito Canned fruit Fruit Juice MILK, 1% Lowfat	24 Brkfst Sliders Chilled Fresh Fruit Fruit Juice MILK, 1% Lowfat	25 Mini Cinnis Canned fruit Fruit Juice MILK, 1% Lowfat	26 Apple Frudel Canned fruit Fruit Juice MILK, 1% Lowfat	27
30 Breakfast Round Canned fruit Fruit Juice MILK, 1% Lowfat	31 Breakfast Boats, Bacon Chilled Fresh Fruit Fruit Juice MILK, 1% Lowfat	Breakfast is the most important meal of the day. Breakfast at Northeast is a very economical way for		